



VANITY SPA  
OUR FAVOURITE SIN

# FACIALS

## EXPRESS FACIAL

Our express facial focuses on skin cleansing, nourishment and moisturizing to ensure a quick and visible effect. This 30-minute treatment is suitable for all skin types and leaves your face fresh and rejuvenated.

30 MINUTES – €45

## DEEP MOISTURIZING FACIAL

Our multi-vitamin complex containing 100% natural extracts of flax, wheat and sunflower seed will make your skin silky, radiant and supple. The procedure includes:

- Exfoliation
- Exclusive manual massage therapy
- Cashmere skin face mask

This three-step treatment effectively nourishes and moisturizes your skin preventing further dehydration.

60 MINUTES – €75

## SKIN OXYGENATION AND DETOX

This facial has an immediately visible effect: it reduces pores, balances oil secretion and removes oily shine, giving irresistible freshness and the perfect healthy glow. The programme includes a three-step massage treatment and relaxing detox mask.

60 MINUTES – €70

## ANTI-AGING CARE WITH COLLAGEN MASK

Collagen is widely known as the protein of the youth. The name “collagen” itself stems from two Greek words: “kolla” meaning glue and “gen” meaning create. Our collagen mask will smooth out fine lines to re-energize your skin and make it glow. This rejuvenation treatment will give you a truly immaculate look, thanks to this mask, after which you will receive a lifting face massage. Facial muscles are one of the foundations of healthy skin and a radiant appearance; they are responsible for keeping your face looking youthful.

30 MINUTES – €45



# MEN'S FACIALS

## MEN'S EXPRESS FACIAL

This is a brief but effective treatment with all major steps of professional care recommended to men. The express facial includes exfoliating massage that re-energizes tired skin.

30 MINUTES – €45

## MOISTURIZING AND NOURISHING

This facial massage and cleansing treatment uses the Aromessence Home Super Serum. It carefully protects sensitive skin, leaving it relaxed, smooth, and healthy looking.

60 MINUTES – €70

## SOOTHING AND PROTECTIVE CARE FOR SENSITIVE SKIN

This program has been developed specifically to cater to the needs of sensitive and irritable skin. This treatment uses natural ingredients, such as rose, cotton and lily extracts, to nourish your skin and protect it against aggressive environmental factors.

60 MINUTES – €70

## LIFTING FACIAL MASSAGE

This program reinvigorates facial subcutaneous tissue, improves blood and lymph circulation, nourishes skin tissue, saturates it with oxygen, and stimulates natural production of elastin and collagen. A series of lifting massage treatments will firm and tighten your skin, smooth out frown lines, relieve static muscular tension and improve capillary circulation.

25 MINUTES – €30

40 MINUTES – €45

# MASSAGE TREATMENTS

## AROMATHERAPY BODY MASSAGE

It has been known since ancient times how scents affect people's emotional and physical well-being. Essential oils are widely used in massage as an aromatherapy component. Different types of essential oils can relieve muscle strain or soreness and stimulate metabolic processes. When added to the massage oil, they help to defuse emotional tension, allowing the patient to relax and unwind. What is more, essential oils enhance and prolong the effect of massage treatments. The combination of oils is selected on an individual basis, depending on medical indications.

60 MINUTES – €60

## ENERGIZING DEEP TISSUE MASSAGE

Deep tissue massage is a powerful treatment for various problems of the musculoskeletal system. It's mild and painless action reinvigorates connective tissue and normalizes operation of the entire body as a holistic system.

BACK AND LEGS – 45 MINUTES – €60

GENERAL – 60 MINUTES – €80

## SWEDISH MASSAGE

Swedish massage helps to improve your blood flow, stretch muscle fibers and restore flexibility and elasticity of joints. This type of massage will boost your blood and lymph circulation, improve skin elasticity, relieve muscle pain, loosen stiff nerves and defuse tension, letting you de-stress and relax your whole body.

30 MINUTES – €45

60 MINUTES – €60

90 MINUTES – €90

## GOLD DELUXE MADAGASCAR MASSAGE

Massaging every piece of the body with Gold Nectar - extract of essential oils and dead sea mud minerals, is instantly effective in improving the skin's natural processes, easing rheumatic pains, relaxing muscles and providing inner calmness and tranquility. A deluxe massage to re-energise the body and calm the spirit.

90 MINUTES – €100

# MASSAGE TREATMENTS

## LYMPHATIC BODY MASSAGE

Unhealthy lifestyles can cause blockages of lymph circulation, metabolic abnormalities, and edema. Lymphatic body massage deals with these problems by restoring normal operation of the lymphatic system. The treatment's effect is very straightforward; it reactivates healthy lymph flow clearing toxins from the body tissues. Lymphatic massage regulates the influx of beneficial bacteria to the body tissues organs, and drains excessive fluids.

60 MINUTES – €65

## INDIAN HEAD MASSAGE

Head massage is an excellent way to put an end to stress, insomnia and headaches. Essential oils reinforce the positive effects of the treatment. Therapeutic power of the Indian massage extends to shoulders, collar zone, neck, head and face. It will help you embrace total relaxation and fill your body with boundless energy and pleasure.

40 MINUTES – €40

## ANTI-CELLULITE MASSAGE

Anti-cellulite massage is a complex treatment that affects skin and subcutaneous tissue through elaborate massage techniques. This type of massage reduces the amount of fat cells and tightens thigh and buttock muscles making them firm and attractive, and eliminating cellulite.

30 MINUTES – €45

## REFLEXOLOGY

Reflexology is not simply a foot massage technique, but an ancient therapy based on an intricate system of energy channels connecting all body organs to the reflex points on feet. According to historical data reflexology was already known in Ancient Egypt 4000 years ago. Massage on the reflex points restores natural energy flow, reinvigorating the body and creating a sense of general well-being. It stimulates blood and lymph circulation, eliminates toxins and re-energises the body, removing stress, tension, and fatigue.

40 MINUTES – €45

# PEELINGS, BODY WRAPS AND SPA TREATMENTS

## BODY PEELING AND MASSAGE

This treatment combines a body scrub and massage with a luxurious blend of soft natural orange and apricot seeds, aromatic sea salt, essential oils, and spices. It effectively exfoliates keratinized skin cells, clears and smooths skin leaving it silky, glowing and supple.

50 MINUTES – €50

## FEET MASSAGE AND WRAP

This treatment helps to remove swelling and alleviate fatigue. It relieves pain caused by walking, firms up vascular walls and stimulates the release of excess fluids. Feet massage is especially good to varicose veins, because it reactivates venous circulation.

60 MINUTES – €70

## DETOX SPA

This powerful body detox program combines lymph draining massage with a seaweed and essential oil mask ensuring visible slimming of silhouette, removal of excessive fluids and toxins, improving blood circulation, relieving muscular tension and sculpting the body shape. This treatment is recommended to anyone who wants to lose weight and improve their skin texture.

75 MINUTES – €90

## TONING BODY SPA

Reduced collagen production caused by ageing results in lower skin elasticity along with dryness and wrinkle formation. Collagen masks have a rejuvenating and re-energising effect as express care for tired and dry skin. It is used on exposed skin areas to activate a healthy, fresh and youthful look. Collagen masks have proven effective and are widely used to improve skin elasticity, water balance, smooth out wrinkles and revitalize dull skin.

75 MINUTES – €90



# PEELINGS, BODY WRAPS AND SPA TREATMENTS

## CHOCOLATE SPA

The Chocolate Spa body wrap is a source of micro-elements and vitamins that help to moisturize and tone your skin, inject it with antioxidants and enhance the oxygen saturation of skin cells. The programme also activates production of mood elevating endorphins with its anti-depressant action. The Chocolate Spa includes a mild body peeling and a massage.

90 MINUTES – €100

## ANTI-STRESS

This anti-stress treatment will help you to relieve strain, de-stress, relax and recharge your body's energy. With an added bonus of soft and satiny skin.

60 MINUTES – €70



# SIGNATURE MASSAGES

## MADAGASCAR MASSAGE

From every piece of the body, massages with essential oils take you into Decléor's world for a moment of pure essential wellbeing. A complete massage to re-energise the body and calm the spirit and mind.

90 MINUTES – €90

## ORIENTAL DELIGHT

A sensational massage that uses the benefits of Cinnamon essential oil combined with an exquisite ritual of Pindas spice. We invite you to the purest state of relaxation. Inspired by classic Oriental techniques and rhythms that provides relaxation to achieve well-being and harmony between the mind and spirit.

60 MINUTES – €80

90 MINUTES – €100

## MOTHER-TO-BE

Massage therapy during pregnancy is a wonderful complementary choice for pre-natal care. It is a healthy way to reduce stress and promote overall wellness. Massage relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps and headaches.

25 MINUTES – €80

90 MINUTES – €100

## LIFTING FACIAL MASSAGE

“We are fascinated by anti-ageing”

A specialized face massage, using a range of simple techniques that help to relieve deep tension giving the facial muscles a lift.

25 MINUTES – €35

40 MINUTES – €50

25 MINUTES X 3 – €90

25 MINUTES X 5 – €150

40 MINUTES X 3 – €125



# SIGNATURE DELUXE PACKAGES

## RELAXING SPA DAY

Relax your senses and enjoy the benefits of massage. This spa package includes the following:

- Swedish Back Massage 30 min
- Indian Head Massage 30 min
- Use of Sauna and Steam 30 min
- Use of Jacuzzi 30 minutes
- Refreshments, teas, coffees

2 HOURS – €100

## BLISSFUL JOURNEY

Find utter bliss and melt away all your stress and tension. This spa package includes the following:

- Madagascar full body massage 90 min
- Express facial treatment 30 min
- Use of Sauna and Steam 30min
- Use of Jacuzzi 30 minutes
- Refreshments, teas, coffees

3 HOURS – €150

## MOTHER-TO-BE

Pamper yourself and treat your body and mind. This spa package includes the following:

- Lymphatic Drainage massage 60 min
- Anticellulite massage 30 min
- Silhouette (Detox) body treatment 45 min
- Use of Sauna and Steam 30min
- Use of Jacuzzi 30 minutes
- Refreshments, teas, coffees

3.5 HOURS – €180



# SIGNATURE DELUXE PACKAGES

## GENTLEMEN'S PACKAGE

You deserve to feel peace and tranquility. This spa package includes the following:

- Deep Tissue body massage 60 min
- Reflexology foot massage 30min
- Express Energizing Facial 30min
- Use of Sauna and Steam 30min
- Use of Jacuzzi 30 minutes
- Refreshments, teas, coffees

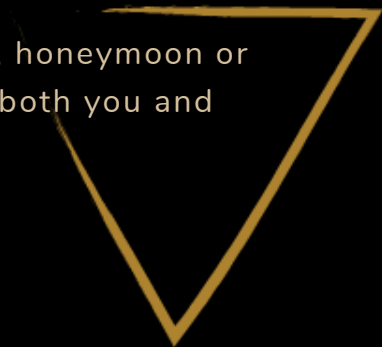
3 HOURS – €160

## COUPLE'S ESCAPE

Unwind with your loved one. Perfect for a pre or post wedding, honeymoon or anniversary treat. This spa package includes the following, for both you and your love:

- Oriental Delight massage 60 min
- Chocolate Body treatment 60 min
- Express facial treatment 30 min
- Use of Sauna and Steam 30min
- Use of Jacuzzi 30 minutes
- Refreshments, teas, coffees

4 HOURS – €380



# SPECIAL PROGRAMMES



## CAVO D'ORO SPECIAL

At Vanity Spa you will discover a world where time stands still. This is where your quest for beauty begins. Our exclusive face and body treatments will offer you luxurious spa care and boundless pleasure. The uniquely designed care programme offered by Vanity Spa includes a full cycle complex treatment that consists of:

- Body peeling
- Body mask
- Body massage
- Facial

Our body peeling deeply and thoroughly cleans your skin, carefully removing dead skin cells, stimulating cell regeneration and preventing signs of premature ageing. The treatment visibly smooths skin and reduces wrinkles. Natural antioxidant properties of the body mask stimulate lymph drainage, moisturize, soften, and smooth your skin. The body massage uses a blend of aromatic oils selected depending on your skin's need.

The programme concludes with a facial including:

- A serum specially selected for your skin type
- Massage with vitamin-enriched oil or special gel
- A face mask to be selected from a wide range, depending on your needs, from moisturizing and nourishment to reinvigoration.

1 HOUR 45 MINUTES – €120

# SPECIAL PROGRAMMES

## APHRODITE'S MYSTERY

The beautiful goddess Aphrodite, emerged from the sea, the cradle of life. This unique spa programme makes use of the priceless gifts the sea has to offer. Seaweed is a source of vital micro and macro elements, which normalize metabolism, improve lymph draining, remove toxins, and tone the skin. The programme includes the following procedures:

- Oil Salt Peeling

This treatment removes excessive keratinized cells, helps your skin breathe, restores its normal gas exchange and saturates your skin with minerals.

- Seven Seaweeds Wrap

This program offers luxurious care for your entire body. The powder enriched with seaweed and protein peptides effectively moisturizes skin, saturates it with micro-elements creating a mild lifting effect. It relaxes and pampers your skin leaving it soft and silky.

- Pure Essential Oil Massage

Our massage treatment with pure essential oils has a therapeutic effect on the entire body: it soothes the nerves, tones up muscles, stimulates removal of toxins and strengthens immunity. Essential oils to be used will be selected at the individual consultation.

- Anti-aging Facial Rejuvenating Massage:

- Clears toxins
- Smooths wrinkles
- Removes swelling
- Tones up face muscles
- Stimulates blood vessels to improve complexion and minimize blemishes

1 HOUR 45 MINUTES – €120



# HAND AND FOOT CARE

## SPA MANICURE

A full manicure treatment including exfoliation, hand mask and hand massage, followed by an application of nail varnish of your choice.

60 MINUTES

NORMAL POLISH – €35

FRENCH POLISH – €40

SHELLAC POLISH – €55

SHELLAC FRENCH – €65



## SPA PEDICURE

A full pedicure treatment including a bubbling spa bath to soothe your tired feet, exfoliation, foot mask, and foot massage, followed by an application of the nail varnish of your choice.

60 MINUTES

NORMAL POLISH – €40

FRENCH POLISH – €45

SHELLAC POLISH – €60

SHELLAC FRENCH – €65

POLISH – €20

RESHAPE & POLISH – €30

FRENCH POLISH – €30

SHELLAC HANDS OR FEET – €40

FRENCH SHELLAC HANDS OR FEET – €65

# WAXING

TOP LIP – €10

EYEBROWS RE-SHAPE – €15

UNDERARMS – €15

FULL ARMS – €30

BIKINI LINE – €15

HALF LEGS – €25

FULL LEGS – €45

HALF BACK – €25

FULL BACK – €35

CHEST – €20

# HAMMAM, SAUNA, STEAM & EXCLUSIVE PRIVATE JACUZZI

For our valued guests seeking an authentic and unforgettable experience whilst visiting Vanity Boutique Spa, we offer a traditional middle eastern Hammam. The steam of the Hammam opens your pores, eliminates toxins, relaxes your muscles and calms the mind. Traditional Hammam therapy includes a full body exfoliation and lather, followed by a full body massage, leaving you feeling cleansed and rejuvenated.

TRADITIONAL HAMMAM THERAPY – € 75

Our Sauna provides you with the opportunity to look better, feel better and sleep better. The heat helps you to lower stress levels, whilst encouraging the production of Serotonin, our happy hormone. It also relaxes muscles and eases joint pain whilst eliminating toxins from your body.

Complimenting the sauna, we also offer a steam room. De-stress and find inner calm, whilst cleansing your skin, boosting your immune system and improving circulation, giving you a healthy glow.

45 MINUTES SAUNA & STEAM – €25

5 DAYS (1 HOUR USE PER DAY) SAUNA & STEAM – €100

Our private jacuzzi can be exclusively hired for two in the evenings, for a special time to unwind together

PRIVATE JACUZZI FOR TWO – €50 PER HOUR

**In order to use the Hammam, Sauna, Steam Room and/or Private Jacuzzi, please pre-book at the Vanity Spa reception, or by calling in advance. There are limited spaces, so booking in advance, and early, is recommended.**





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## SPA ETIQUETTE

### ARRIVALS

We kindly ask our guests to arrive to the Vanity Spa fifteen minutes before the start of their appointment. Please take note that your late arrival may result in a shorter spa session.

### HELP US TO HELP YOU

During any treatment, feel free to speak up on anything you would like to be different: more pressure, less pressure, quieter music, and so on. Your comfort is the most important thing, and your therapist is there for you.

### QUIET PLEASE

Be mindful of other spa guests and please try to maintain the peaceful atmosphere we have created for you to enjoy.

### CANCELLATIONS

Out of respect for other guests and spa employees, we kindly ask that should you need to reschedule or cancel your appointment, you would do so no less than 24 hours before the start of your treatment.

For any rescheduling or cancellation that takes place less than 24 hours before the time of initial appointment you will be charged 50% of the cost of the respective service.

Should you cancel less than 8 hours before the start of your treatment or should you fail to arrive for your appointment, you will be charged 100% of the cost of the respective service.



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POWERED BY

